# WI School Mental Health Framework

Increasing services for student mental health in the School District of Fort Atkinson



## School Mental Health? Why?

Less than half of the children
with mental health challenges
get treatment, services or
support

Students are more likely to seek mental health support when services are accessible in school

Addressing barriers to learning is an essential function of schools.

Create positive learning environment where all students can flourish

Reduce the stigma associated with mental health treatment

Help all youth enhance mental health and well-being

### **Wisconsin School Mental Health Framework**

Promoting Relationships, Engagement & Learning

#### Linking with Systems of Care

Appropriate Information Sharing Continuous Communication Loop Supported Navigation through Systems of Care Wraparound Support Family-Driven & Youth-Guided Planning

#### FEW

Counseling & Support Teams

Safety & Re-entry Plans

Seamless Referral & Follow-up Processes

Deepened Collaboration with Youth, Families, & Community Providers

#### SOME

Early Identification, Screening, & Progress Monitoring

Effective Individual & Group Interventions

Wellness Plans

Co-Planning Strategies with Students, Families & Community Providers

#### ALL

Relationship Building, Resiliency & Rich Social-Emotional Learning

**Trauma Sensitive Practices** 

Mental Health & Wellness Education

#### Foundation

Integrating School Mental Health with Positive Behavioral Interventions & Supports through:

- 1. Strong Universal Implemenation
- 2. Integrated Leadership Teams
- 3. Youth-Family-School-Community Collaboration at all Levels
- 4. Culturally Responsive Evidence Based Practices
- 5. Data-Based Continuous Improvement

6. Positive School Culture & Climate

7. Staff Mental Health Attitudes, Competencies & Wellness
8. Systemic Professional Development & Implementation
9. Confidentiality & Mental Health Promotion Policies
10. Continuum of Supports

# Multi level systems of support

### Universal/Tier 1 -- ALL

Relationship Building and Social Emotional Learning Trauma Sensitive Practices Mental Health and Wellness Education

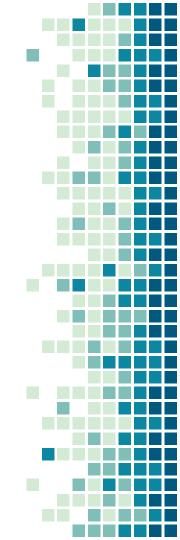
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### Targeted/ Tier 2 -- SOME

Identification, screening and progress monitoring Individual and group interventions Co-planning strategies with students, families and community providers

### Selected/Tier 3 -- FEW

Counseling and support teams Seamless referral and follow up process Deepened collaboration with youth, families and community providers

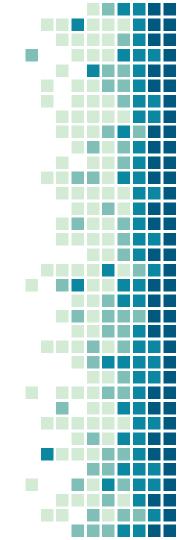


## 2017-18 Work

- Visioning and determination of district mental health needs
- Coordination of current district resources and services
- Continued collaboration with community and county resources
- Integration of universally used techniques in the curriculum and educational environment (2018-19)
- Availability of direct counseling and resource coordination services in the school environment
- On-going data collection and measures of effectiveness

## 2018-19 Goals

- Focus on building strong family and school-community partnerships that support students' social-emotional and mental health needs
- Continued professional development for all staff: awareness, strategies, and implementation of social-emotional learning and trauma-sensitive schools
- Focus on staff wellness
- Aligning school behavior-management practices to be student-centered, strengths-based, trauma sensitive, and culturally-responsive
- Integration of universally used techniques in the curriculum and education environment





# THANKS!

### Any questions?